

## 【Tokyo Metropolitan Area】

Contact points  
for Foreigners conducting housekeeping services  
(If you need any help, . . .)

Please contact first. TEL 03-1234-5678

●●Co.,Ltd. The General Affairs Department Welfare Division

If you do not want to talk with employer, please contact to the following ;

### ▶ Duties relating to the protection of foreigners conducting housekeeping services

(The third party management council secretariat of Tokyo Metropolitan Government)  
Tokyo Metropolitan Government National Strategic Special Zone Team.T.M.G. TEL 03-5388-2068  
(Weekdays (except National Holidays) 9:00~17:45) **In Japanese. English service will be announced**

### ▶ Basic information on daily life

Foreign Residents' Advisory Center TEL03-5320-7744  
(Weekdays (except National Holidays) 9:30~12:00/13:00~17:00) **In English**

**Emergency** (Toll-Free) Police TEL110 Fire and Ambulance TEL119

### ▶ Human rights counseling (Tokyo Legal Affairs Bureaus)

Foreign-language Human Rights Hotline TEL0570-090-911  
(Weekdays (except National Holidays) 9:00~17:00) **In English, Filipino, etc.**  
(If your iPhone etc. cannot be connected, please call to 03-5213-1372)  
(Weekdays (except National Holidays) 8:30~17:15) **In Japanese. Foreign language service will be announced**

### ▶ Procedures for "Status of Residence" and "Entry and Departure"

Immigration Information Center TEL0570-013-904  
(If your iPhone etc. cannot be connected, please call to 03-5796-7112)  
(Weekdays (except National Holidays) 8:30~17:15) **In English**

### ▶ Working conditions

Advisor for Foreign Workers Section TEL03-3512-1612  
(Mon~Wed~Fri 10:00~12:00, 13:00~16:00) **In English**

Philippine Embassy TEL03-5562-1600  
(Weekdays (except National Holidays) 9:00~18:00)

## 【Kanagawa Prefecture】

Contact points  
for Foreigners conducting housekeeping services  
(If you need any help, . . .)

Please contact first. TEL 03-1234-5678

●●Co.,Ltd. The General Affairs Department Welfare Division

If you do not want to talk with employer, please contact to the following ;

### ▶ Duties relating to the protection of foreigners conducting housekeeping services

(The third party management council secretariat of Kanagawa Prefecture)  
Kanagawa Prefecture Employment and Labor Affairs Division, I.K.P.G. TEL 045-210-5739  
(Weekdays (except National Holidays) 8:30~17:15) **Generally in Japanese, but in English is also acceptable**

(As for labor affairs, you can also contact to the following organization.)

Kanagawa Labor Affairs Center TEL045-633-6110  
(The reception time depends on what you talk to about) **Generally in Japanese, but in English is also acceptable**

**Emergency** (Toll-Free) Police TEL110 Fire and Ambulance TEL119

### ▶ Human rights counseling ((District) Legal Affairs Bureaus)

Foreign-language Human Rights Hotline TEL0570-090-911  
(Weekdays (except National Holidays) 9:00~12:00, 13:00~16:00) **In English**  
(If your iPhone etc. cannot be connected, please call to 045-641-7926)  
(Weekdays (except National Holidays) 8:30~17:15) **In Japanese. English service will be announced**

### ▶ Procedures for "Status of Residence" and "Entry and Departure"

Immigration Information Center TEL0570-013-904  
(If your iPhone etc. cannot be connected, please call to 03-5796-7112)  
(Weekdays (except National Holidays) 8:30~17:15) **In English**

### ▶ Working conditions

Advisor for Foreign Workers Section TEL045-211-7351  
(Mon/Fri 9:00~12:00, 13:00~16:30) **In English**

Philippine Embassy TEL03-5562-1600  
(Weekdays (except National Holidays) 9:00~18:00)

## 【Chiba Prefecture】

### List of Consultations/Contacts to Support Foreign Housekeepers

Please contact this office first: TEL 043-1234-5678

●● Co., Ltd. General Affairs Department Welfare Division

Please contact the following if you want to talk to someone other than your employer.

▶ Protecting foreign housekeepers (Chiba City Third Party Management Council Secretariat) TEL 043-245-5278  
Chiba City Employment Promotion Division  
(Weekdays 8:30~17:45) ※Closed holidays **Mainly done in Japanese. English calls will be transferred**

▶ Consultations for Daily Life  
Chiba City International Association TEL 043-245-5750  
(Weekdays 9:00~20:00/Saturdays 9:00~17:00) ※Closed holidays **English available**

**Emergencies** (toll-free) Police TEL 110 | Fire/Ambulance TEL 119

### ▶ Human rights (Chiba Regional Legal Affairs Bureau)

Human Rights Hotline 110 TEL 0570-003-110  
(For IP phones/connection problems: TEL 043-302-1319)  
(Weekdays 8:30~17:15) ※Closed holidays **Mainly done in Japanese. English calls will be transferred**

### ▶ Visa and immigration procedures TEL 0570-013-904

Immigration Information Center  
(For IP phones/connection problems: TEL 03-5796-7112)  
(Weekdays 8:30~17:15) ※Closed holidays **English available**

### ▶ Working conditions

Chiba Labor Bureau General Labor Matters Consultations  
Weekdays 9:00~17:00 ※Closed holidays **Mainly done in Japanese. English calls will be transferred**

Philippine Embassy TEL 03-5562-1600  
(Weekdays 9:00~18:00) ※Closed holidays

## 【Osaka Prefecture】

Contact points for Foreigners conducting housekeeping services (If you need any help, . . .)

Please contact first. TEL 03-1234-5678

●●Co.,Ltd. The General Affairs Department Welfare Division

If you do not want to talk with employer, please contact to the following

### ▶ Duties relating to the protection of foreigners conducting housekeeping services

(The third party management council secretariat of Osaka Prefecture)  
Osaka Prefectural Government Regional Strategy and Special Zone Promotion Division TEL 06-6944-6840  
(Weekdays (except National Holidays) 9:00~18:00) **In Japanese. English service will be announced**

### ▶ Basic information on daily life

**In English**  
Osaka Foundation of International Exchange TEL 06-6941-2297  
(Mon. & Fri. 9:00~20:00 Tues, Wed. & Thurs. 9:00~17:30 (except national holidays))  
Osaka International House Foundation TEL 06-6773-6533  
(Weekdays 9:00~17:30 (except National Holidays))

**Emergency** (Toll-Free) Police TEL110 Fire and Ambulance TEL119

### ▶ Human rights counseling (Osaka Legal Affairs Bureaus)

Foreign-language Human Rights Hotline TEL0570-090-911  
(Weekdays (except National Holidays) 9:00~17:00) **In English, Filipino, etc.**  
(If your iPhone etc. cannot be connected, please call to 06-6942-9496)  
(Weekdays (except National Holidays) 8:30~17:15) **In Japanese. Foreign language service will be announced**

### ▶ Procedures for "Status of Residence" and "Entry and Departure"

Immigration Information Center TEL0570-013-904  
(If your iPhone etc. cannot be connected, please call to 03-5796-7112)  
(Weekdays (except National Holidays) 8:30~17:15) **In English**

### ▶ Working conditions

Advisor for Foreign Workers Section TEL06-6949-6490  
(Mon, Wed to Fri 9:00~17:00, Tues 9:00~18:00 (except national holidays)) **In English**

Philippine Embassy TEL03-5562-1600  
(Weekdays (except National Holidays) 9:00~18:00)

## 【Hyogo Prefecture】

Contact points  
for Foreigners conducting housekeeping services  
(If you need any help, ...)

Please contact first. TEL 03-1234-5678

●●Co.,Ltd. The General Affairs Department Welfare Division

If you do not want to talk with employer, please contact to the following

▶ Duties relating to the protection of foreigners conducting housekeeping services  
(The third party management council secretariat of Hyogo Prefecture)

Hyogo Prefectural Government Human Resources Development Division TEL 078-362-3371  
(Weekdays (except National Holidays) 9:00~17:30) **In Japanese. English service will be announced**

▶ Basic information on daily life

Information and Advisory Service Center, Hyogo International Association TEL078-382-2052  
(Weekdays (except National Holidays) 9:00~17:00) **In English**

**Emergency** (Toll-Free) Police TEL110 Fire and Ambulance TEL119

▶ Human rights counseling (Kobe District Legal Affairs Bureaus)

Foreign-language Human Rights Hotline TEL0570-090-911

(Weekdays (except National Holidays) 9:00~17:00) **In English, Filipino, etc.**

(If your iPhone etc. cannot be connected, please call to 078-393-0600)

(Weekdays (except National Holidays) 8:30~17:15) **In Japanese. Foreign language service will be announced**

▶ Procedures for “Status of Residence” and “Entry and Departure”

Immigration Information Center TEL0570-013-904

(If your iPhone etc. cannot be connected, please call to 03-5796-7112)

(Weekdays (except National Holidays) 8:30~17:15) **In English**

▶ Working conditions

Advisor for Foreign Workers Section TEL078-367-0850

(Mon・Wed・Fri 10:00~12:00, 13:00~16:00) **In English**

Philippine Embassy TEL03-5562-1600

(Weekdays (except National Holidays) 9:00~18:00)

## 【Aichi Prefecture】

Contact points  
for Foreigners conducting housekeeping services  
(If you need any help, ...)

Please contact first. TEL 03-1234-5678

●●Co.,Ltd. The General Affairs Department Welfare Division

If you do not want to talk with employer, please contact to the following

▶ Duties relating to the protection of foreigners conducting housekeeping services  
(The third party management council secretariat of Aichi Prefecture)

Aichi Prefectural Government Employment Promotion Division TEL052-954-6363  
(Weekdays (except National Holidays) 8:45~17:30) **In Japanese. English service will be announced**

▶ Consultation for daily life

Aichi International Association, Multicultural Center, TEL052-961-7902

**Japanese** Mon - Sat. (10:00~18:00) \*\* closed on Sundays & National Holidays\*\*

**English**: Mon - Sat. (13:00~18:00) **Filipino**: Wed. (13:00~18:00)

**Emergency** (Toll-Free) Police TEL110 Fire and Ambulance TEL119

▶ Human rights counseling (Nagoya Legal Affairs Bureau)

Foreign-language Human Rights Hotline TEL0570-090-911

(Weekdays (except National Holidays) 9:00~17:00) **In English, Filipino, etc.**

(If your iPhone etc. cannot be connected, please call to 052-952-8111)

(Weekdays (except National Holidays) 8:30~17:15) **In Japanese. Foreign language service will be announced**

▶ Procedures for “Status of Residence” and “Entry and Departure”

Immigration Information Center TEL0570-013-904

(If your iPhone etc. cannot be connected, please call to TEL03-5796-7112)

(Weekdays (except National Holidays) 8:30~17:15) **In English**

▶ Working conditions

Advisor for Foreign Workers Section TEL052-972-0253

(Tue・Thu 9:30~12:00, 13:00~16:00) **In English**

Philippine Embassy TEL03-5562-1600

(Weekdays (except National Holidays) 9:00~18:00)