

外国人家事支援人材 相談・連絡窓口一覧

まずは、こちらに御相談ください。

TEL 03-1234-5678

●●サービス(株) 総務部福利厚生課

雇用主以外に相談したい場合等は以下へご相談下さい

- ▶外国人家事支援人材の保護に関すること(〇〇第三者管理協議会事務局)  
〇〇県〇〇課 TEL 〇〇-〇〇〇〇-〇〇〇〇  
(月~金(祝日を除く)、8:30~17:15) まず日本語で対応した後の英語対応は可

**緊急** (無料)

警察 TEL 110 火事・救急車 TEL 119

- ▶人権相談について(〇〇(地方)法務局)  
みんなの人権110番 TEL0570-003-110  
(一部のIP電話等、ご利用できない場合は TEL〇〇-〇〇〇-〇〇〇)  
(月~金(祝日を除く)、8:30~17:15) 日本語対応。外国語対応は別途案内
- ▶在留資格や出入国の手続について  
外国人在留総合インフォメーションセンター TEL0570-013-904  
(一部のIP電話等、ご利用できない場合は TEL03-5796-7112)  
(月~金(祝日を除く)、8:30~17:15) 英語対応可
- ▶労働条件について  
〇〇労働局総合労働相談コーナー TEL〇〇〇〇-〇〇〇〇-〇〇〇〇  
(月~金(祝日を除く)、8:30~17:15) 日本語対応。英語対応は別途案内
- 〇〇〇〇〇大使館 TEL〇〇-〇〇〇〇-〇〇〇〇  
(月~金(祝日を除く)、9:00~18:00)

Contact points  
for Foreigners conducting housekeeping services  
(If you need any help, . . .)

Please contact first. TEL 03-1234-5678

●●Co.,Ltd. The General Affairs Department Welfare Division

If you do not want to talk with employer, please contact to the following;

- ▶Duties relating to the protection of foreigners conducting housekeeping services  
(The third party management council secretariat of 〇〇 Prefecture)  
〇〇Prefecture〇〇affairs division TEL〇〇〇〇-〇〇〇〇-〇〇〇〇  
(Weekdays (except National Holidays) 8:30~17:15) Generally in Japanese, but in English is also acceptable

**Emergencies** (Toll-Free)

Police TEL110 Fire and Ambulance TEL119

- ▶ Human rights counseling (〇〇(District) Legal Affairs Bureaus)  
Foreign-language Human Rights Hotline TEL0570-090-911  
(Weekdays (except National Holidays) 9:00~17:00) In English, Chinese, Korean, Filipino, Portuguese, Vietnamese  
(If your IP phone etc. cannot be connected, please call to 〇〇-〇〇〇〇-〇〇〇〇)  
(Weekdays (except National Holidays) 8:30~17:15) In Japanese. Foreign language service will be announced
- ▶ Procedures for "Status of Residence"  
and "Entry and Departure"  
Immigration Information Center TEL0570-013-904  
(If your IP phone etc. cannot be connected, please call to 03-5796-7112)  
(Weekdays (except National Holidays) 8:30~17:15) In English
- ▶ Working conditions  
Advisor for Foreign Workers Section TEL〇〇-〇〇〇〇-〇〇〇〇  
(Mon/Fri 9:00~12:00, 13:00~16:00) In English
- 〇〇〇〇〇 Embassy TEL〇〇-〇〇〇〇-〇〇〇〇  
(Weekdays (except National Holidays) 9:00~18:00)